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TAPESTRY: EXHALE A GUIDED MOVEMENT ZOOM CLASS WITH TURNING THE WHEEL

WHAT: Valentine's Art Making Salon

WHEN: 3:00PM - 4:30PM MST, Saturday, February 13, 2021

WHERE: Zoom, virtual meeting platform

Celebrate loving connection with *Turning the Wheel*. Let go of stress and nourish yourself in joyful community while creating Valentine's Gratitude Cards. Led by the *Turning the Wheel* team with live music by Jesse Manno, join us and dive into creativity and appreciation for the love in your life. We will guide participants in creative collage making, resulting in personal Valentine's cards ready to be gifted for your loved ones. The Valentine's Art Making Salon takes place on Saturday, February 13, 2021 from 3:00-4:30PM MST via Zoom.

Turning the Wheel is a national nonprofit arts and education organization dedicated to making body based creative expression and play accessible to individuals of all ages, experiences, genders, and cultural and socioeconomic backgrounds. We are committed to being a contributing force in fostering vibrant, healthy communities nationwide.

This salon is a free offering to the public. Register to recieve the Zoom link at turningthewheel.org/valentines

Everything we do in Turning the Wheel is an attempt to come back into relationship with our interdependence as human beings, and with the need for love, not power, to form the basis for how we live on the earth.

We are passionately committed to building and sustaining transformative communities that are inclusive of all people, and that reach for and model unconditional love and acceptance as the norm