



Turning the Wheel

Turning the World Toward New Possibilities

FOR IMMEDIATE RELEASE

Contact: Abbey Dubois

Phone: 207.399.4804

Email: abbey@turningthewheel.org

THE BODY NOW FACILITATOR TRAINING
A MULTI PART ONLINE SERIES WITH TURNING THE WHEEL

WHAT: The Body Now Facilitator Training

WHEN: 12PM PST/ 3PM EST, Saturdays, March 13 and 27, April 10 and 17.

WHERE: Zoom, virtual meeting platform

Utilize the abundant resources in *The Body Now* model to enrich your work and life. *The Body Now* is an improvisational movement-based methodology developed from over 30 years of work in communities across the nation. *The Body Now* online facilitator training is an opportunity to learn from current facilitators in *Turning the Wheel's* team of master teachers. Choose to dive into *The Body Now* and emerge with tools to offer potent change to communities, nurture leaders, and inspire inclusiveness and collaboration. All workshops will feature live musical accompaniment by multi-instrumentalist musician Jesse Manno. *The Body Now* facilitator training takes place on four Saturdays, March 13 and 27, April 10 and 17 at 12PM PST / 3PM EST via Zoom.

\$90 contribution, with financial assistance available for individuals with need. For more information and registration please go to <https://www.turningthewheel.org/facilitator-training>.

Whether you join our comprehensive *The Body Now* certification program, or treat this training as a stand alone experience, you will emerge with a rich basket of insights, new skills, and new perspectives! Uncover how the wisdom of your body guides you to innovations and interventions that change the whole climate of our playing field, be it educational, political, business, spiritual, or artistic. Learn how to apply this well developed, yet flexible system to guide people into a place of vibrant well-being through the power of creative expression with The Body Now facilitator training.

Turning the Wheel is a national nonprofit arts and education organization dedicated to making body based creative expression and play accessible to individuals of all ages, experiences, genders, and cultural and socioeconomic backgrounds. We are committed to being a contributing force in fostering vibrant, healthy communities nationwide.

###